



Season Four Programme Details

Don't worry about getting bored or losing touch over the Summer Break, here's our Member-led Summer Season Four details, organised by

Friends of Explore!

Please contact the relevant email linked to each session to help plan for numbers and to provide additional information about the session as required.



A Visit to Jesmond Dene Real Tennis Club – Led by Trevor Buck

Friday 14th July 2023 – Meet 11.00 at Main Entrance on Matthew Bank

Join Trevor to explore the history and architecture of the club building and enjoy an introduction to how Real Tennis (not to be confused with Lawn Tennis!) is played.

We can enjoy a brief demonstration of Real Tennis play on the court (Explore members are welcome to have a go if they want but must bring their own trainers) with some light refreshments afterwards.

You'll find the Club at the large redbrick building on Matthew Bank in Jesmond (NE2 3RE)

Please contact [Trevor Buck](#) regarding this session



A Stroll in Saltwell Park – Led by Anthea Lang

Monday 17th July 2023 – Meet 11.00 at Junction of Saltwell View/Avenue Road

Join Anthea for a friendly and informative stroll around Saltwell Park in Gateshead, site of William Wailes' former home Saltwell Towers (now café) Meet at the junction of Saltwell View and Avenue Road - opposite the Little Theatre. Street parking is available and the number 21 and 25 buses and 53/54 circulars stop nearby.

Please contact [Anthea Lang](#) regarding this session



Sunderland Riverside Sculpture Trail to Seaburn Beach – Led by Elsie Denham
Thursday 20th July 2023 – Meet 10.30 at St. Peters Metro Station

Elsie Denham will lead this linear walk to view the Riverside Sculpture Trail and continue on the coastal path to Seaburn Beach where there are toilets and several cafes and bars. From Seaburn people may catch a bus into Sunderland centre or make a 15 min walk to Seaburn Metro. Gentle walk along good footpaths with one set of steps.

Please contact [Elsie Denham](#) regarding this session



Stories Behind the Stones: A walk around Gateshead East & St Edmunds Cemeteries – Led by Anthea Lang

Tuesday 1st August 2023 – Meet 11.00 at the War Memorial on Wordsworth St

Join Anthea for this fascinating walk exploring some of the stories found in the areas cemeteries. Meet at the war memorial on Wordsworth Street. Street parking available or 15 minute walk from Gateshead Stadium metro

Please contact [Anthea Lang](#) regarding this session



Guided Tour of The Spanish Art Gallery & The Mining Art Gallery, Bishop Auckland – Led by Maureen Robinson

Wednesday 23rd August 2023 – Meet 11.00 outside The Spanish Art Gallery

Join Maureen on a visit to Bishop Auckland's Spanish Art and Mining Art Galleries, including a Guided Tour by curator Morlin Ellis.

The cost of entry will be £13.50 (a 10% discount on the normal entry fees of £15.00 for the two galleries). The X21 bus from Newcastle stops in Bishop Auckland Market Place opposite the gallery. The best car park is North Bondgate.

Please contact Maureen by 5th July if you would like to come on the visit.

Please contact [Maureen Robinson](#) regarding this session



Visit to Ford/Etal Villages & Tour of Lady Waterford Hall – Led by Helen Watson
Thursday 7th September 2023 – Meet 10.50 at Lady Waterford Hall Entrance (for tour to start at 11.00)

Ford/Etal is the historic Joicey Family estate in the Till River valley in Northumberland, home to huge Pre-Raphaelite murals at the Hall in Ford, and nearby a water-powered cornmill, steam railway and more (www.ford-and-etal.co.uk)

Sue Turnbull and Fiona Willoughby, the curators at Lady Waterford Hall, will meet us and give us a general briefing on Louisa Waterford. Sue will then talk to us in more detail on the paintings and the connection to the Pre-Raphaelites. (You may be interested to know that Peter Quinn will be revisiting the Pre-Raphaelites as his art series in Season One, so this is a great opportunity to see works by a local artist of the movement ahead of the talks.) The viewing of the murals and other art works will take about an hour, then we can explore other parts of Ford and Etal as a group or independently. There's lots to see and nice places to eat, or bring a picnic. (Fiona suggested we may want to book lunch and Boes Café at Heatherslaw or in Etal the Lavender Tea room or the Black Bull [Eateries - Ford and Etal \(ford-and-etal.co.uk\)](#))

There is public parking close by but the Hall will be open to the public so we will not be the only ones there! We have not arranged transport but we will try to encourage lifts/car-shares if possible (so far there are offers of a lift from Newcastle and Sunderland so please mention in your email if you are able to offer/would like a lift) There are directions and bus info [HERE](#).

Please contact [Helen Watson](#) regarding this session



Outdoor Sketching with Artist Jenny Alderson – Led by Helen Watson
Monday 11th September 2023 – Meet 11.00 at Bandstand Exhibition Park

Artist and Explore tutor Jenny Alderson will lead a fun and relaxed outdoor sketching session at Newcastle's Exhibition Park - this is a new session so was not shown in the previous S4 programme document. We will walk and sketch for about an hour and then find a cafe to sit and look at our work and reflect on the experience. Jenny will bring some materials but people can bring their own if they like. No experience is necessary - we are not looking for masterpieces, just to have a bit of fun!

Please contact [Helen Watson](#) regarding this session.



Please contact the session leaders for queries regarding individual sessions, however you can also contact Jo Campion (Friends of Explore Co-ordinator) with any other queries regarding the Season Four programme – jocampion49@gmail.com